



A Message to Athletes from the Athletic Director

Dear Student Athletes:

As athletic director of North Point High School, I want you to know how proud I am to be a part of the development of the school's athletic traditions, which I strongly believe are an important part of the total educational experience. The NPHS athletic program strives to:

- ★ Provide opportunities for students to improve their athletic skills and abilities and the safe enjoyment of sports
- ★ Develop in students the understanding that participation in athletics is leadership training that carries responsibilities with it
- ★ Provide opportunities to develop moral integrity, character, dedication and responsibility
- ★ Provide a coaching staff that can serve as role models for athletes

It has been my observation that in competition, one goal is winning. Winning, however, can mean more than simply outscoring and opponent. Winning attitudes are very often learned and developed while actually losing a contest. There is no disgrace, when giving one's best, to lose to a superior team.

With the advantages coming to those who elect to participate in our interscholastic athletic programs, higher levels of responsibility also follow. We expect our athletes to develop and consistently display positive attitudes in the areas of academics, discipline, loyalty, commitment, fair play and sportsmanship. Student athletes who demonstrate they cannot live up to these high standards will be removed from the athletic programs regardless of their athletic abilities. Each student athlete must realize it is a privilege to participate in North Point athletics.

We encourage you to carefully study the Rules of Eligibility in the Athletic Handbook. These rules come from the Maryland Public Secondary Schools Athletic Association and the Charles County School Board Education. Please understand that you can expect to be disciplined should infractions occur. Coaches are expected to make appropriate decisions regarding disciplinary actions that will hopefully change negative behaviors.

We hope that by presenting and clarifying our athletic philosophies and expectations in this handbook, you as student athletes will be in a better position to decide whether or not you want to get involved in North Point athletics. If you do decide to be involved, take your commitment seriously, and not only you, but also your family, your teammates, your coaches, your school and your community will benefit. My very best to you as you begin this year's athletic journey!

Sincerely,

Aly K. Johnson, Athletic Director