

SHEPHERD UNIVERSITY

2010 FOOTBALL TEAM CAMP

Four Sessions in July

National Playoffs

<u>NCAA II</u>	<u>NAIA I</u>
2007	1992
2006	1991
2005	1986
1999	1983
1998	

WVIAC Conference Champions:

2007	1997	1983
2006	1994	1982
2005	1992	1972
2004	1991	1955
1999	1988	
1998	1986	

Top 25 National Rankings

<u>NCAA II</u>	<u>NAIA I</u>
2007-13th	1994-10th
2006-6th	1992-4th
2005-20th	1991-6th
1999-15th	1990-11th
1998-13th	1988-19th
	1986-7th
	1983-5th

General Information

All sessions are Overnight Camp stays.

Session I Monday, July 19 – 21

Session II Monday, July 22 – 24

Session III Monday, July 26 – 28

Session IV Monday, July 29 – 31

Grade Level 9th through 12th

Camp Fee - Contact Coach Kline

Required Forms

- ✓ Insurance Authorization
- ✓ Parent Consent

Housing & Meals - Campers will sleep in University residence hall and eat in the University dining facility

CAMP OBJECTIVES

The Shepherd University Football Camp is a simulated college camp that stresses individual fundamentals and team play. We have several basic goals at the camp.

- Develop and refine individual skills and techniques of the High School player.
- Each player to reach their full potential.
- To give each player a college-level experience that allows the player to understand the intensity and attention to detail required to play collegiate football

Week Practice Schedule

Day One:

11:00 – 12 Noon Teams check in.
 12:15 – 1:15 p.m. Lunch On campus Camp meeting for introduction and organization
 1:45 – 4:00 p.m. Instruction #1
 4:45- 5:45 p.m. Dinner on Campus
 6:15- 8:00 p.m. Instruction #2
 (7 on 7 games)
 11:00 p.m. Lights out

Day Two:

7:00 a.m. Wake up
 7:00- 8:00 a.m. Breakfast
 9:00 – 11: 00 a.m. Instruction # 3
 12:00 – 1:00 p.m. Lunch
 2:00 -4:15 00 p.m. Instruction # 4
 4:45- 5:45 p.m. Dinner on Campus
 6:15- 8:00 p.m. Instruction # 5
 11:00 p.m. Lights out

Day Three:

7:00 a.m. Wake up
 7:00- 8:00 a.m. Breakfast
 9:00 – 11:15 a.m. Instruction # 6
 11:30 – 1:30 a.m. Lunch
 12:30 – 1:30 p.m. Check out

Dear Coach,

The 2010 football season will be here very soon. We realize you are making plans for the season. Our team camp offers the ability to teach individual skills, group concepts and team cohesion.

We feel that attending camp as a team will provide you with several advantages: team unity, conditioning prior to your pre-season, advance skill training, and the experience of working with high school players and coaches from other schools.

Our facilities at Shepherd University are outstanding. The weight room will be available to your players. We will provide "all you can eat" meals. At night our camp staff will have clinic session available for the coaches.

Your price will include: coaching from Shepherd University Staff, "all you can eat" meals daily, and room accommodations.

Please consider this opportunity. If you have any interest or questions concerning the team camps, give me a call. We will have a camper limit so please register early.

Sincerely,

Josh Kline

Assistant Football Coach & Camp Director

304-671-7712

jkline@shepherd.edu



Player Information

Name _____

High School _____

Address _____

Offensive Pos. _____

City/State/Zip _____

Defensive Pos. _____

Phone _____

Height _____ Weight _____

Grade Fall 2010 _____

Tee Shirt Size _____